



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**

**PRE-SCHOOL**

**Monthly Planner 2023-24 (October-November 2023)**

The background of the cover is a vibrant, multi-colored geometric pattern composed of various triangles and polygons in shades of pink, red, orange, yellow, green, blue, and purple. Two white rectangular boxes with green borders are centered on the page, containing the text 'MONTHLY PLANNER' and 'OCTOBER-NOVEMBER' respectively.

**MONTHLY PLANNER**

**OCTOBER-NOVEMBER**



## **LANGUAGE DEVELOPMENT (ENGLISH)**

- ❖ Matching of capital and small letters.
- ❖ Activities related to letters -Tracing, Matching & Placing marbles.
- ❖ Reading of two letter words -an, at, ap, en, et, ob, od, og, on, op, ot, ib, id, ig, in, ub, ug, ut.
- ❖ English - Introduction of capital and small letters Nn, Oo, Pp, Qq, Rr, Ss, Tt with their phonetic, sound and related vocabulary.

Capital	Small	Sound
N	n	न
O	o	ओ
P	p	प
Q	q	क
R	r	र
S	s	स
T	t	ट



- ❖ Vocabulary words to learn-
- ❖ N - necklace, net, nail cutter, newspaper, nurse.
- ❖ O- ox, octopus, otter, ostrich, olive.
- ❖ P-pan, pizza, peacock, penguin, pear.
- ❖ Q-quiet, quilt, queen, quill, question mark.
- ❖ R- robot, reindeer, rocket, raincoat, road, ring.
- ❖ S- sofa, socks, sunflower, Santa Claus, school, snake.
- ❖ T- tap, table, tomato, trophy, truck, tent.

### ✓ **ACTIVITY GALORE**

- ❖ Leaps and bounds
- ❖ Show and tell
- ❖ Activity book pages -38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, and 70, 78, 79, 80, 81, 82,83, 85, 86, 89, 91, 93, 94.
- ❖ Pattern writing book -Pgs. 20, 21, 22, 23, 24, 25, 26, 28, 29, 30

### ✓ **CONVERSATIONAL SKILLS**

- How is the day today?
  - It is a sunny/cloudy/windy/rainy/cold day today.
- Ma'am! May I go for convenience?



## **NUMBER WORK (NUMERICAL CONCEPTS)**

- ❖ Oral counting 1 – 40
- ❖ Revision of all shapes and colours.
- ❖ Introduction of Pre-number concept – Up/Down, One/Many.
- ❖ Introduction of numbers 11 ,12, 13 & 14 with its value through clay and popsicle.
- ❖ Introduction of shapes – Cone, Cylinder



### ✓ ACTIVITY GALORE

- ❖ Revision of colours through game “Tippy Tippy Tap”
- ❖ Revision of shapes through game “Walk O Shape”
- ❖ Tracing of numbers 1-10 using earbud.
- ❖ Shape puzzles
- ❖ Games related to number recognition & value.
- ❖ Number Book Pgs. 37, 38, 39, 40, 41, 42, 43, 44, 47 & 48
- ❖ Sketch Book Pgs. 25



## GENERAL AWARENESS

### 1. OUR FESTIVALS

Festivals are the period of celebrations & are an important part of life of the Indian people. The festivals of India are still associated with the religious stories & seasons of India. The folk culture behind these festivals has its roots in the age old folk tradition. Even though the festivals today have lost much of their significance in the changed perspective, they still have a definite role to play in keeping the society united today. So, through this topic our children will come to know the significance of each festival behind the celebrations.

- ❖ Talk on all religious festivals like Holi, Eid, Gurupurab, Janamashtami, Dussehra, Diwali, Christmas, etc.
- ❖ Talk on National festivals like Republic Day, Independence Day, Gandhi Jayanti.
- ❖ Talk on how do we celebrate the festivals.

### ✓ ACTIVITY GALORE

- ❖ Sorting Activity – Sorting of flash cards of National & Religious festivals.
- ❖ General Awareness Book Pgs. 16, 18
- ❖ Show & tell activity

### 2. PLANT LIFE

Earth is called a green plant due to the presence of plants on it. Plants are considered to be the first living organisms born on the earth. Without them, the environment & human life on this earth cannot exist.

- ❖ Talk on need and importance of plants and trees.
- ❖ Talk on what do plants need to grow?
- ❖ Talk on names of 2 common trees & plants

### ✓ ACTIVITY GALORE

- ❖ Germination of seed through flash cards, video and class activity.
- ❖ Germination of seeds through small dramatization.
- ❖ Activity Sheet Book Pgs. 43





### 3. FRUITS

We all know that fruits are delicious & nutritious. They grow on plants & trees in the garden, orchards. Many fruits are consumed with relish and pleasure by children & available in different seasons of the year. So, let's discover the importance of different fruits in our life.

- ❖ Names of common & uncommon fruits.
- ❖ Importance of fruits.
- ❖ Their colour & shape.

#### ✓ ACTIVITY GALORE

- ❖ Melodic Song.
- ❖ Fruit placing activity
- ❖ Fruit Bingo
- ❖ General Awareness Book Pgs. 19, 21



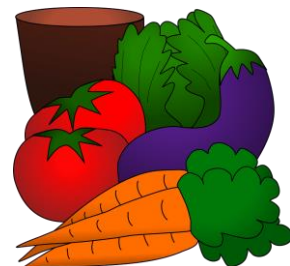
### 4. VEGETABLES

Vegetables are said to be the best food for our body. They have all the essential nutrients namely vitamins, minerals, fibers etc. that form resistance to diseases naturally. Unfortunately, our children do not like to add these healthy vegetables in their daily diet. Let's make eating vegetables as yummy as other eatables for children so that they have a healthy growth.

- ❖ Names of common & uncommon vegetables.
- ❖ Importance of vegetables, its colour & shape.

#### ✓ ACTIVITY GALORE

- ❖ Melodic song & story on fruits and vegetables.
- ❖ Sorting Activity – Sorting of various fruits and vegetables cut-outs.
- ❖ A picturesque display of fruits and vegetables.
- ❖ General Awareness Book Pgs. 20
- ❖ Activity Sheet Book Pg. 42



### 5. GIFTS OF NATURE

Nature is precious and notable gift given to us by God. Nature is our best friend. We should do plantation and nurturing to keep it healthy. It's a non-returnable blessing to mankind. If you want the best from nature, just give it the best you can.

- ❖ Importance of gifts of nature.
- ❖ Difference between man-made and natural things.
- ❖ Taking care of gifts of nature and not destroying them.

#### ✓ ACTIVITY GALORE

- ❖ Nature Walk
- ❖ General Awareness Book Pg. 15
- ❖ Visit to school garden & showing different objects related to nature.



## 6. OUR ANIMAL FRIENDS

Man is a social animal. This fact itself proves our nearness to the animal kingdom. Animals are very faithful & helpful. Right from the very early ages, it was a dog that has perhaps helped mankind the most. The cow provides us milk. So, in this topic, we are going to discover that animals are indeed our best friends.

- ❖ Names of common animals
- ❖ Different categories of animals
- ❖ Talk on land and water animals.
- ❖ Favourite food of different animals

### ✓ ACTIVITY GALORE

- ❖ Recognizing animal sounds.
- ❖ A picturesque display of animal life.
- ❖ Sorting activity – Sorting of pet, domestic and wild animals through pictures on screen.
- ❖ General Awareness Book Pgs. 23, 24, 26
- ❖ Activity Sheet Book Pg. 53



## STRUCTURED CONVERSATION

Q. 1 Name 5 religious festivals?

A. They are Diwali, Dussehra, Holi, Rakshabandhan and Christmas

Q. 2 Name 3 national festivals?

A. They are Republic Day, Independence Day and Gandhi Jayanti.

Q. 3 What does a plant need to grow?

A. Plants need air, water, sunlight & manure to grow.

Q. 4 Name 2 plants?

A. Money plant & Rose plant.

Q. 5 Name 2 trees?

A. Neem tree & Peepal tree.

Q. 6 Why do we eat fruits and vegetables?

A. We eat fruits & vegetables to keep us healthy & strong.

Q. 7 Name 5 fruits?

A. Orange, Apple, Banana, Guava & Pomegranate.

Q. 8 Name 5 vegetables?

A. Potato, Onion, Carrot, Capsicum & Cabbage.







Q. 9 What is the colour of a carrot?

A. Colour of the carrot is red.

Q. 10 What is the colour of an apple?

A. An apple is red in colour.

(In similar way questions will be framed for other fruits & vegetables)

Q. 11 Name 3 categories of animals?

A. They are pet animals, domestic animals and wild animals.

Q. 12 Name 3 pet animals?

A. They are rabbit, dog and fish.

Q. 13 Name 3 domestic animals?

A. They are camel, cow and horse.

Q. 14 Name 3 wild animals?

A. They are lion, tiger and bear.

Q. 15 What is the favourite food of bear?

A. The favourite food of bear is honey.

(Similar questions will be framed for different animals)

Monkey – Banana

Dog – Bone

Cow – Grass

Elephant – Sugar cane

Cat – Milk

Rabbit – Carrot

Lion/Tiger – Flesh

Bear – Honey



Q. 16 Name 5 gifts of nature?

A. Sun, moon, mountain, rain, stars.



### **FINE MOTOR SKILLS (CREATIVE)**

- ❖ Making of stick puppet of Ravana (individual activity)
- ❖ Decoration of a diya (Group activity)
- ❖ Use of water colour and brush on fruit cutouts (individual activity)
- ❖ Vegetable printing to make a vegetable card (individual activity)
- ❖ Cotton painting on animal cutouts (Group activity)
- ❖ Freehand drawing of a plant, fruits, vegetables, objects related to festivals and gift of nature
- ❖ Paper folding of a dog
- ❖ Moulding clay to make grapes, diya, cat, sun, tree
- ❖ Creative ideas pages-18, 19, 20, 22, 34, 35, 36, 39

### **INTELLECTUAL DEVELOPMENT (COGNITIVE)**

- ❖ **Skill: - Part and whole relationship**
  - Pairing through real objects. Activity sheet book Pg- 35.



❖ **Skill: - Observation**

- Find the difference. Activity sheet Book Pg- 36.
- Complete the patterns with different shapes. Activity sheet book Pg - 34.

❖ **Skill: - What comes next**

- Complete the pattern and draw the objects that comes next. Activity sheet book Pg-41.

❖ **Skill: - Memory**

- Recalling the names of given pictures through real objects.

❖ **Skill: - Odd one out**

- Cross the odd one out through picture cards. Activity sheet book Pg- 52.

❖ **Skill: - Matching**

- Matching the same objects with their correct pair.
- Puzzle solving with puzzle tray.

✚ **SOCIO-EMOTIONAL DEVELOPMENT**

✓ **VALUE EDUCATION**

❖ **GIFTS OF NATURE:**

*“Nurture the nature for a beautiful future”.*

Birds, animals and plants are few gifts of nature. Conserve them.

❖ **OUR FESTIVALS:**

*“The greatness of a culture can be found in its festivals”.*

Let’s support our craftsmen especially potters.

❖ **PLANT LIFE:**

*“Save the trees, Save the Earth. We are the guardians of the Nature’s Birth”.*

Grow more trees. Love Nature.

❖ **FRUITS AND VEGETABLES**

“Fruits and vegetables are the best edibles”

❖ **ANIMALS**

“Animals are a wonderful part of nature that must be preserved and protected”



✓ **DEVELOPING GOOD HABITS**

❖ **Not to pluck flowers, leaves or grass and not to harm animals. Let’s not waste water.**

- Activity – Slogan Learning

❖ **Celebrate Diwali by lighting earthen diyas and not by burning crackers.**

- Activity – Bringing wax filled earthen diyas.



- ❖ Planting/donating saplings. Nurturing plants.
  - Planting Activity
- ❖ **Fruits and vegetables**  
Activity related to fruits and vegetables
- ❖ **Animals**  
Talk on feeding the animals and taking care of them. Do not throw stones at them.

### ✓ VALUE OF THE MONTH

- ❖ Kindness (Explanation through story on smart board).
- ❖ Happiness (Sharing happy moments during circle time with everyone).

### ✓ LIFE SKILLS

- ❖ Welcoming Goddess Lakshmi by maintaining clean abode
- ❖ Sandwich making activity.

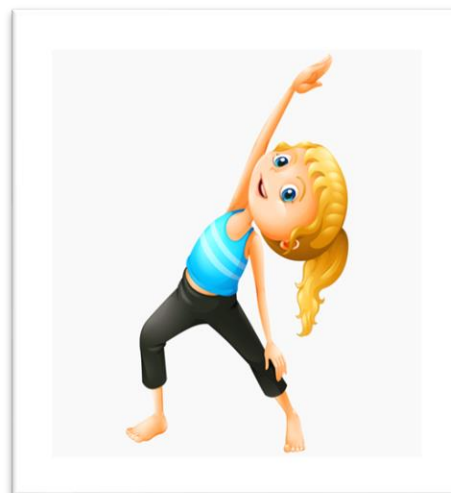
### + CRITICAL THINKING

- ❖ Bilateral co-ordination activity
- ❖ Brain boosting activities

### + PHYSICAL ACTIVITIES

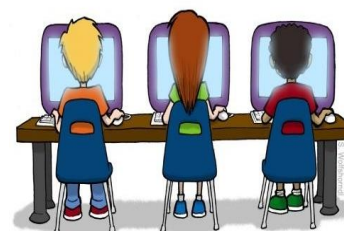
#### ▪ (Developing Gross Motor Skills)

- ❖ Balancing on one leg
- ❖ Copy me!
- ❖ Bouncing a ball
- ❖ Walk up and down stairs
- ❖ Ball Exercises
- ❖ Catch and throw with small ball
- ❖ Musical chair
- ❖ Kick the ball



### + COMPUTERS

- ❖ Revision of parts of a computer.
- ❖ Introduction to the correct way of holding mouse and clicking using index finger.
- ❖ Colouring in different shapes.
- ❖ Story/Cartoon playing on computer with the introduction to the speakers.





## **MUSIC**

- ❖ Introduction of Sargam-  
सा रे ग म प ध नी सां  
सां नी ध प म ग रे सा ।



- ❖ Songs: Diwali song  
दिवाली आई, धूम धड़क धूम

Father's Song

Boom shake it up, boom boom shake it up

- ❖ Sounds of Musical Instruments
  - ✓ Tabla
  - ✓ Dholak

- ❖ Introduction of Ramayan's characters.



## **MANTRA OF THE MONTH**

- महालक्ष्मी नमस्तुभ्यम् नमस्तुभ्यम् सुरेश्वरी । हरिप्रिये नमस्तुभ्यम् नमस्तुभ्यम् दयानन्ध॥
- लोकाः समस्ताः सुखिनो भवन्तु ॥ -2  
सुखिनो भवन्तु -2

## **MUDRA OF THE MONTH**

### **NAMASKAR MUDRA**

Creates a balance between both parts of the brain, promotes friendship and humanity

### **UTTARABODHI MUDRA**

It helps to release fear, calms down the nerves and is good for stage fright. It is used for mental clarity. Benefits of this mudra can be found in the improvement of communication.

## **HAPPINESS ACTIVITY**

- Impromptu dancing to Happy Music
- Practicing different types of laughter.

## **DESH BHAKTI ACTIVITY**

- Saluting a soldier anywhere we see
- Standing position during National Anthem.
- What do the three colours in National Flag represent.



## ✓ DRAMATICS

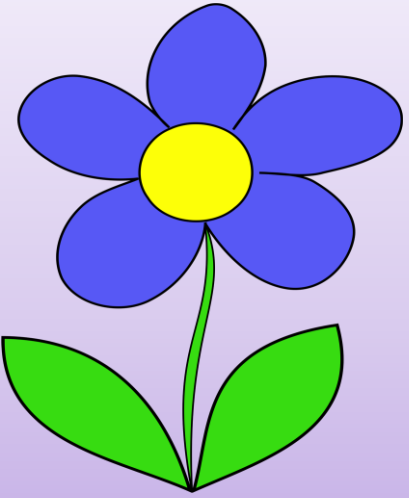

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

## ✓ ACTIVITY GALORE

दयालु और निर्दयी (Story Dramatization)



## ✓ RHYMES

English	Hindi
<p><b><u>Little Seed</u></b></p> <p>Little Seed I plant a little seed In the ground, Out comes the sun, Big and round. Down come the rain drops, Soft and slow, Up comes a flower, Grow, grow, grow!</p> 	<p><b><u>कितना सुंदर जंगल है</u></b></p> <p>कितना सुंदर जंगल है इसमें कैसा शोर है इसमें रहते शेर हाथी बंदर कितना... देखो देखो बंदर आया उछाल उछाल कर नाच दिखाया इसने सबका मन बहलाया कितना... देखो देखो भालू आया छम(4)नाच दिखाया इसने हमको खूब हसाया कितना... देखो देखो शेर आया सबने मिलकर शीश झुकाया सबने मिलकर शोर मचाया कितना...</p> 

### Diwali Twinkle, Twinkle

Twinkle, twinkle, Diwali light,  
How you sparkle in the night.  
Let's celebrate Di-wa-li,  
Everyone, you and me.  
Twinkle, twinkle, Diwali light,  
Keep on shining oh so bright.

### आहा टमाटर बड़ा मज़ेदार

आहा टमाटर बड़ा मज़ेदार  
एक दिन इसको चूहे ने खाया  
बिल्ली को भी मार भगाया  
आहा .....  
एक दिन इसको चींटी ने खाया  
हाथी को भी मार भगाया  
आहा टमाटर.....  
एक दिन इसको पतलु ने खाया  
मोटू को भी मार भगाया



### DIET CHART (Developing good and healthy eating habits)

Monday	Poha with peanuts/Vegetable Idli + 2 cream wafers
Tuesday	Stuffed palak parantha + a piece of jaggery
Wednesday	Mix vegetables + parantha + 2 biscuits
Thursday	Stuffed besan chilla + roasted and salted makhanas
Friday	Vegetable bread Rolls/ sandwich with paneer filling + cup cake

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit everyday in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.



## **SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES**

<b>JOY OF GIVING WEEK</b>	<b>03.10.2023 – 06.10.2023</b>
<b>WORLD ANIMAL DAY CELEBRATION (PS &amp; PP)</b>	<b>04.10.2023</b>
<b>PUZZLE SOLVING ACTIVITY (INTER) – PS &amp; PP</b>	<b>06.10.2023</b>
<b>WORLD FOOD DAY CELEBRATION</b>	<b>16.10.2023</b>
<b>HINDI GROUP RHYME RECITATION ACTIVITY (INTER)-PS &amp; PP</b>	<b>19.10.2023</b>
<b>NATURE WALK</b>	<b>31.10.2023</b>
<b>KILKARI – PP</b>	<b>02.11.2023</b>
<b>KILKARI - PS</b>	<b>03.11.2023</b>
<b>DIWALI CELEBRATIONS</b>	<b>10.11.2023</b>
<b>ENGLISH GROUP RHYME RECITATION ACTIVITY (INTER)-PP</b>	<b>22.11.2023</b>
<b>ENGLISH GROUP RHYME RECITATION ACTIVITY (INTER)-PS</b>	<b>23.11.2023</b>
<b>MOVIE SHOW – PS &amp; PP</b>	<b>24.11.2023</b>

<b>P.T.M – PS &amp; PP</b>	<b>21.10.2023</b>
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## **HOLIDAYS**

<b>AUTUMN BREAK</b>	<b>22.10.2023 – 24.10.2023</b>
<b>BALMIKI JAYANTI</b>	<b>28.10.2023</b>
<b>KARVA CHAUTH</b>	<b>01.11.2023</b>
<b>DIWALI BREAK</b>	<b>11.11.2023 – 15.11.2023</b>
<b>GURU NANAK JAYANTI</b>	<b>27.11.2023</b>

