



N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI

PRE-PRIMARY

Monthly Planner 2023-24 (July 2023)



LANGUAGE DEVELOPMENT (ENGLISH)

❖ Communication Skills

- Simple commands-
 - ✓ Please get aside.
 - ✓ Excuse me mam.

❖ ORAL

- Reading of words with sound e, i (Reader Pgs. 6, 7)
- Reading of words with phonogram 'oo', 'ee' (Reader Pgs. ..., ..., ...)
- Picture Reading- Rainy Season (Reader Pg. 33)
- Story – The Lion & the Mouse (Reader Pg. 36)
- Usage- a/an (Reader Pg. 10)
- Sight words- He, She, It, This, That



❖ WRITTEN

- Letters - I, J, K, L, M, N, O, P
- Activity Book Pgs. 12, 13

ACTIVITY GALORE

- Letter I (Ice-cream stick activity)
- Letter J (Tracing with water colour)
- Letter K (Clay moulding)
- Letter L (Bindi Pasting)
- Letter M (Monkey Jump)
- Letter N (Water Colour)
- Letter O (Outdoor activity)
- Letter P (String moulding)
- Show and Tell – Related to EVS topic
- Story narration/dramatization through puppets – Circle Time (Any story book from class library).
- Letter games – Letter domino will be used for reading
- Rhymes –Back to school



LANGUAGE DEVELOPMENT (HINDI)

❖ ORAL

- Recognition of ष, फ, ग, म, भ, न, त
- Reading of two letter words (Reader Pg. 24)
- Revision of letters done in the class through activities.
- Rhymes - मेरी पेंसिल, कागज़ की नाव

❖ WRITTEN

- Practice of ष, फ, ग, म, भ, न, त
- Practice of two letter words and श्रुतलेख
- Activity book Pgs. 14, 15



ACTIVITY GALORE

- Powder tracing of vyanjan (व्)
- Scavenger Hunt (फ्)
- Showing real objects related to vyanjan (ग्)
- Decorating peacock related to vyanjan (घ्)
- Enacting on song (ङ्)
- Matching strips (च्)
- Speaking skill activity (ट्)



NUMBER WORK (Numerical Concepts)

❖ ORAL

- Counting 1-50
- Recognition 1-30, 21-30, 31-40
- Backward Counting 10-1
- Skip Counting 1-9
- Number Rhyme - Raindrops

❖ WRITTEN

- Numbers - 9, 10, 1-10, 11, 12, 13, 14
- Backward counting 10-1
- Fill up 1-10
- Activity Book sheet no. 16, 17, 18
- Fill up 1-10 – Find the caterpillar's missing circles.



ACTIVITY GALORE

- Clay Activity (number 9)
- Powder Tracing (number 10)
- Value of number activity (number 11, 12, 13, 14)
- Backward Counting – Stair Game
- Skip Counting – 1-9 – Bubble Trouble

GENERAL AWARENESS

- ❖ MY SCHOOL - School is also called the temple of learning. It is a place where child learns various skills be it emotional, practical or educational. Teachers are the guiding mentors who take children to the path of progress. It is home away home.

- Talk On:

- ✓ Name and location of school.
- ✓ Functional areas of the School.
- ✓ Proper school uniform.
- ✓ People who help to run the school.
- ✓ Things we see in the classroom.



❖ ACTIVITY GALORE

- School round.
- Describing/ Display of our school uniform.
- Role play activity.

❖ **HOME**: Home is where love, hope and dreams flourish. Home is where heart is, memories are created laughter never ends.

▪ **Talk on:**

- ✓ Importance of house.
- ✓ Types of houses.
- ✓ Different rooms in the house.
- ✓ Things we use in different rooms.
- ✓ Things used to make Katcha and pucca house.



❖ ACTIVITY GALORE

- Model making of house.
- PPT on things we use in different rooms.

❖ **RAINY SEASON**: A much awaited season for all especially for farmers and little ones waiting eagerly for rain to fall so that they can splash - splash in puddle and sail paper boat the season begin with joy and health hazard too. Children get to know various aspects of the season through various activities.

▪ **Talk On:**

- ✓ Things we eat and drink.
- ✓ Things we use and wear in rainy season.
- ✓ Good and bad affects.
- ✓ Precautions to be taken.



❖ ACTIVITY GALORE

- Introduction through song.
- Showing real objects.
- Paper boat activity.

❖ **FOOD**: Food is the substance we eat every day for energy and strength. We need to eat a variety of food to get all the essential nutrients body needs.

▪ **Talk On:**

- ✓ Healthy Food.
- ✓ Unhealthy Food.
- ✓ Dairy products.

❖ ACTIVITY GALORE

- PPT on healthy and unhealthy food.
- Making healthy snack chaat.



Activity Sheet Pgs. 9, 20, 21.

WORDS TO KNOW:

Entrance gate, guard room, reception, gymnastic room, play pen, medical room, skating rink, puddle, umbrella, lightening.

STRUCTURED CONVERSATION

Q1. In which school do you study ?

A. I study in N.K. Bagrodia Public School.

Q2. In which class do you study ?

A. I study in PP (A, B, C, D, E, F, G).

Q3. Who is your class teacher?

A. My class teacher is _____ ma'am.

Q4. Name the people who help to run school.

A. Principal, Incharge, Teacher, Office staff and Helpers.

Q5. Name months of rainy season.

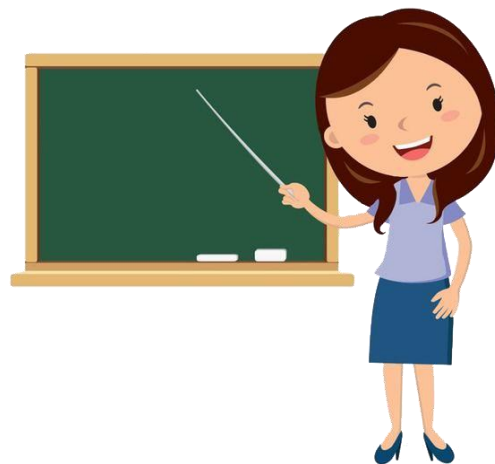
A. They are July, August and September.

Q6. Name the things we use in rainy season.

A. They are umbrella, raincoat and gumboots.

Q7. Different rooms in the house.

A. Bedroom, living room, bathroom, kitchen .



FINE MOTOR SKILLS (CREATIVE)

❖ Colouring book pages 7 & 44

❖ Freehand drawing - Rainy season and Beach scene

INTELLECTUAL DEVELOPMENT (COGNITIVE)

❖ SKILL: OBSERVATION

- Find the difference between two similar looking pictures.
 - ✓ Activity- Children will find the difference between two similar looking 3D cards.
- Find the odd one out.
 - ✓ Outdoor Activity
 - "I am alone, I am sad
 - Can you tell me, who am I"
 - Children will find the odd object.
- Activity Sheet Pg. no. 7



SOCIO-EMOTIONAL DEVELOPMENT

❖ **SELF-MANAGEMENT**

- Follow the leader
- Musical chairs

✓ **VALUE EDUCATION**

MAGICAL WORDS

Use of sorry, please, thank you, excuse me, pardon, please get aside through story narration.

✓ **LIFE SKILLS**

- ❖ Folding of an apron.
- ❖ Pack your bags.



GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

▪ **Physical Exercises**

- ✓ Can walk forward and backward
- ✓ Jumping at a place (1 to 20 count)

▪ **Yoga**

- ✓ Tree pose
- ✓ Lion breath
- ✓ Brain gym exercise



CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

ACTIVITY GALORE

- ❖ Who doesn't belong here? (Related to topic- Rainy season)

SCIENCE IS FUN

- **Experiment** – Tickle your taste buds (sweet, sour, bitter and salty)

MANTRA OF THE MONTH

▪ **SHIVA MANTRA**

ॐ नमः शिवाय

शुभं शुभं कुरु कुरु

शिवाय नमः ॐ |



taste

MUDRA OF THE MONTH

- Hakini Mudra (To enhance concentration, develops creativity, boost memory power, etc.)

AESTHETIC DEVELOPMENT (MUSIC)

❖ Sargam level 1 and 2

- 1) सा रे ग म प ध नी सां
सां नी ध प म ग रे सा ।
- 2) सासा रेरे गग मम पप धध नीनी सांसां
सांसां नीनी धध पप मम गग रेरे सासा ।



❖ Rain Song – “आईबो आईबो बरखा आईबो रे”

❖ Song – “If you miss the train”

DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

Activity Galore

अच्छी आदतें (Story Dramatization)

HAPPINESS ACTIVITY

Sailing of paper boat on a rainy day.

DESH BHAKTI ACTIVITY

How to salute our Tricolour.



RHYMES

English	Hindi
<u>BACK TO SCHOOL</u> Summer is over, and school is here. Pack your bags, on the bus you go. Make new friends, and say hello. Reading, writing, learning more	<u>मेरी पेंसिल</u> देखो मेरी सुंदर पेंसिल, लंबी और नुकीली पेंसिल, लिखने में वह सबसे आगे, कॉपी पर यह सरपट भागे । तुम भी ऐसी पेंसिल लाओ, अच्छे अक्षर तुम बनाओ, पढ़ लिख कर तुम कुछ बन जाओ, जग में अपना नाम कमाओ।

Than you ever did before.

Adding numbers 1,2,3
So much to do, learn and see.
I am happy to meet everyone
Get ready for school,
because it is fun.



RAINDROPS

One little raindrop in the dark sky.
Two little raindrops watch the clouds fly,
Three little raindrops go splat, splat, splat,
Four little raindrops, we need boots for that,
Five little raindrops and still no sun,
That is too much, let's run, run, run.

कागज की नाव

देखो देखो काली घटा छाई, टिप टिप टिप टिप बारिश आई ।
जिया, कनव ने नाव बनाई, फिर सबने मिलकर बहाई।
नाव लहर में तैरती है, कितनी सुंदर लगती है।
आगे बढ़ती रहती है, हमको यह समझाती है।
कभी भी ना तुम घबराना, बस आगे ही बढ़ते जाना।

DIET CHART

“A healthy diet plan nourishes mind, body & soul”.

To be followed every week.

Monday	Chapati + Seasonal vegetable and beetroot slices
Tuesday	Poha / Suji upma / Smileys + Cucumber slices
Wednesday	Vegetable sandwich + Cup cake or cake slice
Thursday	Besan cheela with vegetables
Friday	Stuffed vegetable parantha / Sprouts salad

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES

World Chocolate Day Celebration - PS & PP	07.07.2023
Reading Week (PS & PP)	17.07.2023 – 21.07.2023
National Mango Day - PS & PP	21.07.2023
Freehand Drawing & Colouring Activity (Intra PP)	27.07.2023
Freehand Drawing & Colouring Activity (Intra PS)	28.07.2023
Freehand Drawing & Colouring Activity (Inter) – PS & PP	31.07.2023

HOLIDAYS

Muharram	29.07.2023
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