



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**

**PRE-PRIMARY**

**Monthly Planner 2023-24 (August - September 2023)**

**MONTHLY PLANNER**

**AUGUST-SEPTEMBER**

## LANGUAGE DEVELOPMENT (ENGLISH)

### ❖ COMMUNICATION SKILLS

- Simple commands
  - ✓ Please help me.
  - ✓ Ma'am it's my turn.
- Rhyme – Our Helpers, Junk Food Go Away



### ❖ ORAL

- Reading with sound i, o, u (Reader Pgs. 7, 8, 9)
- Introduction of phonogram 'ing' and 'ch' (Reader Pgs. 28, 30)
- Revision of words with phonogram 'ee', 'oo'.
- Usage this/that and he/she/it (Reader Pgs. 15, 18).
- Sight words – The, His, Her, And
- Revision of picture reading – Rainy Season & My Family
- Revision – Mithoo and the yellow mango, Lion and the mouse.
- Reading of sentences – Reader Pgs. 11, 12, 13

### ❖ WRITTEN WORK

- Letters– Q, R, S, T, U, V, W, X, Y, Z
- Writing A-Z
- Dictation of capital letters.

### ACTIVITY GALORE

- Letter 'Q' – Talcum tracing activity
- Letter 'R' – Bindi pasting activity
- Letter 'S' – Water colour tracing activity
- Letter 'T' – Ice cream stick activity
- Letter 'U' – Clay moulding activity
- Letter 'V' – String moulding activity
- Letter 'W' – Button pasting activity
- Letter 'X' – Colourful bead pasting activity
- Letter 'Y' – Straw activity
- Letter 'Z' – Water colour tracing
- Reading of words – Letter game
- Circle Time – Moral Story
- Rhyme – Our Helpers, Junk Food Go Away



## LANGUAGE DEVELOPMENT (HINDI)

### ❖ ORAL

- Recognition of च, ज, र, स, ख, श, य, थ
- Reading of two letter words (reader pg. no. 24) and sentences.
- Revision of vyanjans done in the class
- Rhymes - सिपाही, पतंग, शेर की बारात



### ❖ WRITTEN WORK

- Practice of च, ज, र, स, ख, श, य, थ
- Practice of two letter words, sentences and
- A/S- 4, 5, 6, 7

### ACTIVITY GALORE

- Tongue twister related to vyanjan 'च'
- Hindi rhymes with toys related to vyanjan 'ज'
- Tug of war related to vyanjan 'र'
- Role play related to vyanjan 'स'
- Fine motor tracing & other activity related to Vyanjan 'ख, य, थ'
- Mirror activity related to vyanjan 'श'
- Oral activity related to revision of 2 letter words.



### ✚ NUMERICAL CONCEPTS

#### ❖ ORAL

- Skip counting (1-9), (2-10)
- Counting 1-50
- What comes after, before and in between

#### ❖ WRITTEN WORK

- Numbers - 19, 20, 11-20, 1-20, 21-30, 1-30, 31-40, 41-50
- Skip counting 2-10
- What come, after, before and in between
- Activity sheets Pg. – 26, 28
- Notebook Pgs. – 26, 43, 46



### ACTIVITY GALORE

- Number 19-20 through value of numbers
- Number 11-20, 21-30, 31-40, 41-50 with number cards and number train
- Skip Counting 2-10 with Bubble Trouble game
- What Comes After, Before, In-Between through Number Line activity.

### ✚ GENERAL AWARENESS

- ❖ NEIGHBOURHOOD - This adds completely a new word in students vocabulary. Students will explore nature and components of neighbourhood.

- Talk on:
  - ✓ Neighbourhood places (Schools, bank, hospitals, post office, mall, ATM, mother dairy, religious places).

- ACTIVITY GALORE:

1. Know your neighborhood activity.

- ❖ **HELPERS** - Community helpers can be defined as any professional who aid in overall well-being and health of the community. Community helpers includes dentist, doctors, construction workers and grocery stores. Children will get to know about different community helpers around us and their importance in life.

- Professionals- Names of professionals and duty performed by them doctor, nurse, pilot, policemen, teacher, soldier.

- **ACTIVITY GALORE:**

1. Roleplay activity.
2. Showing real objects/tools of helpers/professionals.



- ❖ **TRANSPORT** - Transport has shortened the distances. It has increased the convenience factor for human beings by making life easier.

- Talk on:
  - Types of Transport →
    - ✓ Different parts of the vehicle.
    - ✓ Safety measures.
    - ✓ Different signs and Signals.
    - ✓ Emergency numbers

- **ACTIVITY GALORE:**

1. Corner display.



- **Words to know:**

hammer, ladder, watering can, inch tape, scissors, stethoscope.

- Activity sheet Pgs. 25, 27, 30, 31.

## **CONVERSATION SKILLS**

Q1) What does a hairdresser do?

A1) A hairdresser trims and cuts the hair.

Q2) What does a tailor do?

A2) A tailor stitches clothes.

Q3) What does a carpenter do?

A3) A carpenter makes wooden furniture.

Q4) What does a cobbler do?

A4) A cobbler mends shoes.

Q5) What does a postman do?

A5) A postman delivers letters and parcels.



Q6) What does a farmer do

A6) A farmer grows fruits, vegetables, and grains.

Q7) What does a gardener do?

A7) A gardener lends the garden.

Q8) What does a doctor do?

A8) A doctor cures the patient.

Q9) What does a pilot do?

A9) A pilot flies an aeroplane.

Q10) What does a policeman do?

A10) A policeman catches thieves and robbers.

Q11) What does a teacher do?

A11) A teacher teaches the children.

Q12) What does a soldier do?

A12) A soldier protects the country.

Q13) Name the different parts of the vehicle.

A13) steering wheel, wiper, brake, clutch, head light, horn, bonnet, gear.

Q14) what are helpline numbers of the following:

Ambulance, Fire tender, PCR van

A14) Ambulance- 102, Fire tender- 101, PCR van - 112.



#### **FINE MOTOR SKILLS (CREATIVE)**

- Art with fun: Pg.- 24
- Free Hand Drawing – Flag (Independence Day)
- Origami - Fish

#### **ACTIVITY GALORE**

- Raksha Bandhan – Group Activity
- Janmashtami - Decorating matki



#### **INTELLECTUAL DEVELOPMENT (COGNITIVE)**

##### **Skill- Memory**

Activity-Children will look at different objects and will try to memorize the names of as many objects as they can by weaving a short story around them.

##### **Part and whole relationship**

Outdoor Activity - Children will figure out and match the objects that go together through real objects.  
Activity sheet on pg. No. 29.



## **SOCIO-EMOTIONAL DEVELOPMENT**



### ✓ **SELF MANAGEMENT**

- Freeze dance
- Creating a story by the kids (one line each)

### ✓ **VALUE EDUCATION**

- We respect our country (circle time). Children will learn about national symbols, national flag, and national anthem. They will learn to respect and love the soldiers who protect our country. They will learn to serve their country in their own little way by keeping it neat and clean.
- Table Manners- Children will learn the eating etiquette with a message "Do not waste Food"

### ✓ **LIFE SKILLS**

- ❖ Buttoning of a shirt

## **GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)**

- ❖ Bouncing a ball
- ❖ Fun games/races

### **YOGA**

- Crescent moon pose
- Mountain pose

### **BREATHING EXERCISES**

- Blow out the candle
- Flower breath
- Brain gym exercises



## **CRITICAL THINKING**

- ❖ Imitating Pals (Copy the figure with ice-cream sticks).

## **SCIENCE IS FUN**

- ❖ Fun activity with magnet

## **AESTHETIC DEVELOPMENT (MUSIC)**

- ❖ Sargam level 1 and 2  
सा रे ग म प ध नी सां  
सां नी ध प म ग रे सा ।  
सासा रेरे गग मम पप धध नीनी सांसां  
सांसां नीनी धध पप मम गग रेरे सासा ।
- ❖ Sounds of synthesizer
- ❖ Krishna Song - रात श्याम सपने में आए



❖ Flag Song –तिरंगा भारत की है शान

✚ RHYMES

English	Hindi
<p><b><u>Our helpers</u></b></p> <p>Teachers teach us ABC. Shapes and colours 123. Doctors help us when we are sick, Medicine will do the trick! Firefighter put out the fire, Mechanic fix our car and tyre. Police keep things safe for you When you grow up Tell me what do you want to do.....</p>	<p><b><u>सिपाही</u></b></p> <p>जो काम किसी से न हो सका, वो काम करके दिखा दूँगा, झूठे बईमान लोगो को, ऐसी मैं सज़ा दूँगा, सबसे अच्छा देश मेरा, सब को यह बतला दूँगा, झंडा ऊँचा फहरा दूँगा, देश की शान बढ़ा दूँगा, मैं हूँ भारत का सिपाही, अपनी जान लुटा दूँगा ।</p> 
<p><b><u>Junk Food Go Away</u></b></p> <p>Junk food, junk food, go away (2). Junk food junk food Be never on my tray.</p> <p>Junk food, junk food You are so unhealthy, Junk food, junk food I wanna stay healthy.</p> <p>Junk food, junk food You will make me sick. Junk food, junk food You are not my pick.</p>	<p><b><u>पतंग</u></b></p> <p>सरर-4 उड़ी पतंग, फरर-4 उड़ी पतंग, ऊपर उड़ती, मेरी पतंग, हवा में, डोर के संग, आसमान में ऊपर जाती, मटक-र कर यह लहराती, और जब ये कट-र जाती, (आई बो-sss), ठुमक-र कर नीचे आती । इधर को जाती, उधर को जाती, हम सब को ये खूब है भाती ।</p>





### शेर की बारात

शेर की बारात में, धूम मचेगी रात में,  
हाथी की सवारी होगी, पीछे घोड़ा गाड़ी होगी,  
भालू ढोल बजाएगा, बन्दर नाच दिखाएगा,  
लंबी-२ मूँछों वाला शेर दूल्हा बन जाएगा,  
जब वह गुर्राएगा, सब को मज़ा आ जाएगा,  
जंगल का है राजा शेर, खूब धूम मचाएगा ।

### MANTRA OF THE MONTH

#### ▪ MEAL MANTRA

"अन्नदाता सुखीभव,"-2  
सुखीभव-3

### MUDRA OF THE MONTH

#### ▪ BUDDHI MUDRA

It is used for mental clarity. Benefits of this mudra can be found in the improvement of communication.

### HAPPINESS ACTIVITY

- Impromptu dancing to Happy Music

### DESH BHAKTI ACTIVITY

- Saluting a soldier anywhere we see
- Standing position during National Anthem.

### DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

### ACTIVITY GALORE

अच्छी आदतें (Story Dramatization)





## **DIET CHART**

Developing good and healthy eating habits

**To be followed every week.**

<b>Monday</b>	Stuffed parantha with sprouts.
<b>Tuesday</b>	Vegetable idli with cream biscuits.
<b>Wednesday</b>	Brown bread sandwich with cream wafers.
<b>Thursday</b>	Parantha with seasonal vegetable with any sweetmeat.
<b>Friday</b>	Bread rolls with cucumber slices.

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

## **SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES**

<b>Friendship Day Celebration – PS &amp; PP</b>	<b>04.08.2023</b>
<b>P.T.M – PS &amp; PP</b>	<b>05.08.2023</b>
<b>Fancy Dress Activity (Intra) - PP</b>	<b>10.08.2023</b>
<b>Fancy Dress Activity (Intra) - PS</b>	<b>11.08.2023</b>
<b>Independence Day Celebration – PS &amp; PP</b>	<b>14.08.2023</b>
<b>World Photo Day – PS &amp; PP</b>	<b>18.08.2023</b>
<b>Hindi Individual Rhyme Recitation Activity (Inter) – PS &amp; PP</b>	<b>25.08.2023</b>
<b>Raksha Bandhan Celebration – PS &amp; PP</b>	<b>29.08.2023</b>
<b>Coconut Day Celebration – PS &amp; PP</b>	<b>01.09.2023</b>
<b>English Individual Rhyme Recitation Activity (Intra)-PP</b>	<b>04.09.2023</b>
<b>English Individual Rhyme Recitation Activity (Intra)-PS</b>	<b>05.09.2023</b>
<b>Teacher's Day Celebration – PS &amp; PP</b>	<b>05.09.2023</b>
<b>Janmashtami Celebration – PS &amp; PP</b>	<b>06.09.2023</b>
<b>Hindi Diwas Celebration - PS &amp; PP</b>	<b>14.09.2023</b>
<b>English Individual Rhyme Recitation Activity (Inter) – PS &amp; PP</b>	<b>29.09.2023</b>

## **HOLIDAYS**

<b>Independence Day</b>	<b>15.08.2023</b>
<b>Raksha Bandhan</b>	<b>30.08.2023</b>
<b>Janmashtami</b>	<b>07.09.2023</b>
<b>Milad-Un-Nabi</b>	<b>28.09.2023</b>