



N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI

PRE-PRIMARY

Monthly Planner 2023-24 (April - May 2023)



LANGUAGE DEVELOPMENT (ENGLISH)

- ❖ Story narration and listening
- ❖ Communication Skills
 - ✓ Telephonic conversation
 - ✓ Simple commands
 - ✓ Rhymes – My Family, I have a name



Oral

- ❖ Reading of words with sound 'a'
- ❖ Revision of capital and small letters with phonetic sound (A-Z), (a-z).
- ❖ Revision of two letter (meaningful) words.
- ❖ Reader pgs. 1, 2, 3, 4, 5
- ❖ Story – Mithu and Yellow Mango.
- ❖ Picture Reading - My family

Written work

- ❖ Letters – A, B, C, D, E, F
- ❖ Activity book pages – 1, 2

Activity Galore

- ❖ Tracing of letters with clay.
- ❖ Show and tell activity.
- ❖ Creative activity related to letters.
- ❖ Rhyme through audio.
- ❖ Story dramatization through puppets.



LANGUAGE DEVELOPMENT (HINDI)

- ❖ Pattern writing
- ❖ Recognition of vyanjans - ट, ढ, द, ठ, व, ब, क
- ❖ Written - ट, ढ, द, ठ, व, ब, क
- ❖ Rhymes-हम छोटे छोटे बच्चे हैं, दादा- दादी, आम
- ❖ Activity book pages – 1, 2
- ❖ Rhymes through audio

Activity Galore

- ❖ देखो और बोलो
- ❖ Craft work with 'ट' (toffee wrapper)
- ❖ Dancing on Dhol music.
- ❖ Speaking activity related to 'ठ'
- ❖ Fun game related to 'ब'
- ❖ Talcum tracing related to 'ब'
- ❖ Sound enactment related to 'क'



NUMERICAL CONCEPTS

Oral

- ❖ Oral counting 1-30
- ❖ Recognition 1-30
- ❖ Shapes - Rectangle, Square, Circle, Triangle, Heart, Star
- ❖ Pre-no. Concepts (with real examples & objects) – more/less, big/small, full/empty
- ❖ Four sections of a day

Written work

- ❖ Numbers - 1,2,3,4,5,6,7
- ❖ Activity book pages – 4, 5

Activity Galore

- ❖ Art integrated activity related to shapes.
- ❖ Corner display - Pre-Number Concepts
- ❖ Activity related to Pre-Number Concepts – Integrated with physical development.



GENERAL AWARENESS

- ❖ **My Self:** This theme encourages self- awareness and enhances learning. This provides children with the opportunity to answer the all-important question "Who Am I?". They learn to be an individual and start to understand all the amazing things that they can do.

✓ **Talk on:**

- My name is _____
- I am a boy /girl.
- I am _____ years old.
- Father's name/Mother's name.
- My likes/ dislikes.
- My home address.
- My contact number.

✓ **Activity Galore:**

- Speaking Skills (mirror activity).



- ❖ **Parts of Body:** Students shall come to know about various parts of the human body. Though all components of the human body work differently, they still manage to work together.

✓ **Talk on:**

- Parts of body (upper portion).
- Parts of body (lower portion)

✓ **Activity Galore:**

- Action song.
- Using of stuffed toy to demonstrate sense organs.



- ❖ **Personal Hygiene:** Good personal hygiene is essential and learning at a young age will help children understand its importance as well as how to practice the same.

✓ **Talk on:**

- Things which helps to keep our body clean.

✓ **Activity Galore:**

- Using grooming kit in class.



- ❖ **My Family:** This gives your students the opportunity to talk about the people most important to them and also helps them realize that family-the people we live with, is something we all have in common.

✓ **Talk on:**

- Family and its importance.
- Relatives
- Joint and nuclear family.
- Role of family members.
- Difference between family members and strangers.



✓ **Activity Galore:**

- Showing of different family member's puppets.
- Role play activity.

- ❖ **Neighbourhood:** This adds completely a new word in student's vocabulary. Students will explore the nature and components of neighbourhood.

✓ **Talk on:**

- Neighbourhood places (Schools, Bank, Hospitals, Post office, Mall, ATM, Mother Dairy, religious places).

✓ **Activity Galore:**

- Map Activity
- Yay! We are visiting our neighbourhood

- ❖ **Summer Season:** Summer season is the warmest season and has longest days, because our part of Earth is faces the sun throughout the season. Children understand the importance of using sunscreen and staying covered and cool.

✓ **Talk on:**

- Things we eat, drink, use wear in summer season.
- Good and bad affects.
- Precautions to be taken in summer season.

✓ **Activity Galore:**

- Song on summer season.
- Summer drink activity.



- ❖ **Days of the week:** Knowing the names of the days of the week makes understanding of concept of time more concrete for young children. Knowing the names helps in keeping the schedule organized.

✓ **Activity Galore:**

- Days of the week.

Words to know and speak

mirror, comb, towel, nail cutter, tooth brush, shampoo, handkerchief, juice, cooler, goggles, air conditioner, grandmother, grandfather, mother, father, brother, sister, joint family, nuclear family, stranger

Activity Sheet – Pg. No. 8, 9, 10, 11

 **CONVERSATION SKILLS**

Q1. What is your father's name?

A. My father's name is Mr

Q2. What is your mother's name?

A. My mother's name is Mrs.....

Q3. What is your home address?

A. My home address is.....

Q4. What is your contact number?

A. My contact number is.....

Q5. Name some of the body parts?

A. They are eye brows, tongue, teeth, elbow, knuckles, thighs, wrist.

Q6. Name the things which help to keep our body clean?

A. They are mirror, comb, oil, toothbrush, towel, nail cutter, soap, shampoo, handkerchief.

Q7. Name the months of summer season?

A. They are April, May and June.

Q8. How is the weather in the summer?

A. It is hot and humid during summers.

Q9. What precautions should we take during summers?

A. Drink lots of water and avoid going out in the sun.

Q10. How many days are there in a week? Name them.

A. There are 7 days in a week, they are Monday, Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.



 **FINE MOTOR SKILLS (CREATIVE)**

- ❖ Ultimate Creative Ideas Book – Pgs. 4, 5, 8

Activity Galore

- ❖ Paper folding – Tulip (Origami)
- ❖ Free hand drawing – Flowers, Boy & Girl
- ❖ Activity related to Mother's Day.



INTELLECTUAL DEVELOPMENT (COGNITIVE)

- ❖ Skill-Matching
- ❖ Skill-Sorting
- ❖ Skill-Recognition of colours
- ❖ Skill-Sequencing
- ❖ Activity Book – Pgs.. 6 & 19

Activity Galore

- ❖ Look out for my partner.
- ❖ Give it try, be a spy.
- ❖ Colour Game – Tippi-Tippi-Tap



SOCIO-EMOTIONAL DEVELOPMENT

SELF AWARENESS

- ❖ Breathing exercise (Deep breathing)
- ❖ Star pose
- ❖ Interaction with kids about how they feel
- ❖ Sensorial activities- walking, exercising, dancing.

✓ **VALUE EDUCATION**

- ❖ Let's learn to express
- ❖ Personal hygiene

✓ **LIFE SKILLS**

- ❖ Shiny hands (special assembly)
- ❖ I keep you clean (hanky folding)

GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

- ❖ Fun dance exercise
- ❖ Shake and Move
- ❖ Aerobics
- ❖ Catch and throw the ball-game
- ❖ Let's walk

Yoga

- ❖ Deep breathing
- ❖ Star pose (उत्थिता ताड़ासन)

MANTRA OF THE MONTH

■ **सरस्वती पुराणोक्ता मंत्र**

या देवी सर्वभूतेषु विद्या-रूपेण संस्थिता,
नमस्तस्यै नमस्तस्यै नमस्तस्यै नमो नमः॥



MUDRA OF THE MONTH

- ❖ Gyan/ Dhyana mudra (To increase mental strength, sharpen concentration and improve focus).

CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

Activity Galore

- ❖ Brain teaser (related to parts of body)
- ❖ Let's do detangling (sorting activity)

AESTHETIC DEVELOPMENT (MUSIC)

- ❖ Introduction of Vandana – “वंदना के इन स्वरों में”
- ❖ Sounds and Recognition of musical instruments – Harmonium, Congo, Dholak
- ❖ Sargam level 2
सासा रेरे गग मम पप धध नीनी सांसां
सांसां नीनी धध पप मम गग रेरे सासा |
- ❖ Songs
✓ School song – “We are so proud of our school”



DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

Activity Galore

- ❖ Story - अच्छी आदतें

RHYMES

English	Hindi
<u>My Family</u>	<u>हम छोटे बच्चे हैं</u>
<p>We are big We are small We are young and we are old.</p> <p>We are different but we stay together with love & care forever and ever.</p>	<p>हम छोटे-र बच्चे हैं, मन के सीधे सच्चे हैं, मन के हम सब उजले हैं, मिलकर खेलने निकले हैं। नहीं करते हम शरारत, करते हैं हम सब का आदर, हम सबको लगते हैं प्यारे, हैं सब की आँखों के तारे।</p>

We laugh, we play
We learn every day
and together we stay.

We are a family
We feel the love
all our way.



I have a name

Everybody has a name
Some are different
Some are same

Some are short
Some are long
All are right
None are wrong.

I like my name
It's special to me
It's exactly who
I wanna be
And my name is

दादा-दादी और नानी

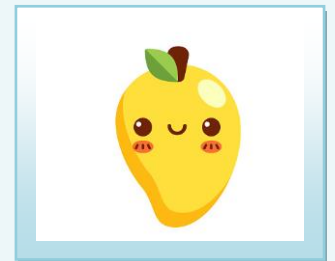
मेरे दादा दादी अच्छे, प्यार सदा ही मुझको करते,
मेरी सारी बातें सुनते, जोर से फिर दोनों हँस देते,
जब रोती हूँ, पास बुलाते, गुदगुदी कर मुझे खूब हँसाते।

मम्मी की मम्मी हैं नानी, बड़े प्यार से कहे कहानी,
परी लोक की कथा सुनाती, हम सब को वो खूब हैं भाती,
छुट्टी के जब दिन हैं आते, नानी के घर हम चाव से जाते ।



आम

एक रसीला फल घर आया,
जिसे देखकर मन ललचाया ।
झटपट दौड़ा, देख कर लपका,
पकड़ा, धोया, गप से खाया ।



छिलका पतला, मज़ा खूब,
खट्ठा मीठा, रस भरपूर ।
मज़ा खूब ही खाकर आया,
आम रसीला मुझको भाया ।

DIET CHART

“A healthy diet plan nourishes mind, body & soul”.

To be followed every week.

Monday	Vegetable sandwich and 4-5 mixed nuts
Tuesday	1 chapati, potato beans and cupcake
Wednesday	Stuffed parantha and any sweetmeat
Thursday	Vegetable chilla and cream wafers
Friday	Bread Butter and favourite biscuits

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES

World Health Day Celebration - PS & PP	06.04.2023
Baisakhi Celebration - PS & PP	13.04.2023
Earth Day & Eid Assembly - PS & PP	21.04.2023
World Laughter Day Assembly - (PS & PP)	04.05.2023
PTM – PS & PP	06.05.2023
Hindi Individual Rhyme Recitation Activity (Intra) - PP	10.05.2023
Hindi Individual Rhyme Recitation Activity (Intra) - PS	11.05.2023
Mother's Day Assembly - PS & PP	12.05.2023

HOLIDAYS

Mahavir Jayanti	04.04.2023
Good Friday	07.04.2023
Ambedkar Jayanti	14.04.2023
Eid-ul-Fitr	22.04.2023
Budhha Purnima	05.05.2023

